DAILY BULLETIN:	Wednesday, Fe	bruary 21, 2018	(Late Start A-day)
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8:00-8:50	Instructional Planning	
8:50-9:35	Zero Period	45 min
9:35-9:40	Passing	5 min
9:40-11:05	Per. 1	85 min
11:05-11:12	Passing	7 min
11:12-12:43	Per. 2	85 min
12:43-1:13	Lunch	30 min
1:13-1:20	Passing	7 min
1:20-2:45	Per. 3	85 min

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# SPECIAL FRESHMAN ASSEMBLY: 7:45-8:50AM in the Gym TODAY

We are holding a special Freshman assembly to discuss the impact of vaping on health. Our speaker is Chris Stretch, a psychotherapist and addiction specialist. Chris will speak for 20 minutes whereafter students, in assigned groups of 10, will discuss and determine the 3 most important things they learned from the presentation, then create a 1 minute Public Service Announcement. The PSAs will be filmed at a later date (within a week) with the assistance of a videographer and director from Mr. Vela's freshman class.

If you would prefer your student to not participate in this assembly, please submit a letter specifying your desire to Mr. Barbara in the Counseling Office. Thank you.

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# AP REGISTRATION ENDS ON FEBRUARY 25TH and ALL STUDENTS MUST REGISTER ONLINE BEFORE THEN!

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# **GENERAL INFORMATION:**

Catch the Wave - BY THE SEA
March 9th, 2018 at the Portofino Inn

For Dinner tickets to the event, please go to - <a href="http://pvboosterclub.com/product/dinner-tickets/">http://pvboosterclub.com/product/dinner-tickets/</a>

**For sponsorship opportunities**, please go to - <a href="http://pvboosterclub.com/product/sponsor-catch-the-wave/">http://pvboosterclub.com/product/sponsor-catch-the-wave/</a> or Contact Quinn Mulkey at <a href="mailto:quinnmulkey@fastmail.com">quinnmulkey@fastmail.com</a>

Sea King for Life – \$10,000

The Oarsman Foundation

# Gold Sea King - \$2500

The King Family Michelle and Bob Fullerton

# Silver Sea King – \$1500

The Jellison Family Colleen and Craig Quinn

# Bronze Sea King - \$500

The Forsey Family
Andrea and Rich Galvin
Diane and Scott Imbach
The Johnsen Family
Lisa and Kevin Templeton
Libby and Mike Thomas

# Family Sea King - \$250

Cindy and Paul Campbell
Michele and Robert Feller
The Graziano Family
The Hoffman Family
Tracy and Scott Holt
Doug Laurin and Elisa Anhalt
Yvonne and William Liu
Georgene and George Mitsanas
The Padian Family
Adriana and Luigi Schiappa
Alex and Mike Smith
Karen and Brett Zane

### Proud Sea King - \$100

Joanne and Stanley Chang The Drawer Family The Firmani Family The Jeau Family Dr. Minette Ramos and Family Dr. Charles Park

# COMPUTER LAB will be CLOSED at lunch today Feb 21st.

#### **CSF**

The **CSF Spring Semester Membership Drive** is now open and **runs through Friday**, **February 23rd**. **Applications are available in Room 316** or on the school website: https://pvhs.pvpusd.net/apps/pages/academics-clubs-csf

Spring semester membership is based on students' fall semester grades. All details are provided on the application. A student may qualify for CSF by meeting the membership requirements, applying

luring the Membership Drive and paying the membership dues (\$15). Membership is not automatic rou must apply each fall and spring semester.				
Turn in completed applications and \$15 check/cash to the Library or 316 by Friday, February 23rd. No late applications will be accepted.  Not sure if you're eligible? Stop by Room 316 for the eligibility list.				
PRE-REGISTRATION VOTE DRIVE				
On <b>February 22nd and 23rd (Thursday and Friday) at lunch at PVHS</b> , there will be a " <b>Pre-Registration Vote Drive</b> ". Mayor Garcetti's office is giving <b>one volunteer hour</b> if you come and pre-register to vote. The process is quick. <i>Requirements to pre-register to vote are as follows:</i> You must be 16-17 years old (mandatory), have a CA driver's license (recommended), have the last 4 digits of your social security number (mandatory), and your date of birth (mandatory). For more information contact Lane Karlitz at <a href="mailto:lkarlitz@icloud.com">lkarlitz@icloud.com</a> .				
<b>Friday, February 23<sup>rd</sup></b> : MUFFIN MADNESS at <b>Extended Nutrition</b> . Come buy a muffin for \$2 and support Scholar Quiz!				
K-POP DANCE CLUB MEETING				
Hi K-pop Dance Club members! Please check the dates for the meetings on February 2018. We are going to meet during <b>lunch at UDR</b> . Please advised that you can wear dance shoes or socks only without regular shoes. Thank you! <b>Feb. 26</b> .				
CHOREO				
There will be an audition information meeting for <b>Choreo and Intermediate Dance auditions</b> on <b>February 21, 2018 at 7:00 p.m. in the lower dance room</b> . Auditions will be held April 24-26, 2018.				
Choreo invites you to <i>Free Dance Day</i> on <b>February 24, 2018 from 1-3 p.m</b> . For more information and to register for the event, e-mail <a href="mastank@pvpusd.net">mastank@pvpusd.net</a> .				
MUSIC DEPARTMENT RECITAL				
Music Dept Honor Recital <b>Friday, February 23<sup>rd</sup> 7pm</b> . \$10 at door. For more information contact Music Director: Shellie Parkinson <a href="mailto:slparky@gmail.com">slparky@gmail.com</a> .				

#### REMEMBER THE TRITONS COLOR WALK & FAMILY FUN DAY

<b>Saturday, February 24th 8:30am-12pm</b> at PVHS. For more information please <b>see attached flyer, participant form and sponsor form.</b> Register now at <u>pvhs.pvpusd.net</u> or search			
"Remember the Tritons" on <u>eventbrite.com</u> .			
FRIENDSHIP CLUB FUNDRAISER			
Friendship Club is doing a <b>Chipotle fundraiser on Monday 2/26</b> . The club is raising funds to take our special education students and volunteers to Disneyland for a day of fun. <b>Attached is the flyer</b> to present if you want an easy dinner Monday night.			
SAVE THE DATE: ALL PRO DADS BREAKFAST			
Wednesday, February 28, 2018 at 8am in the Gym			
Dads and other important male role models, are you looking for ways to improve health and reduce stress? Join us for the next All Pro Dads Breakfast with Dr. Brad Barez, Chiropractor and Owner of Back to Healthcare Chiropractic. Maintaining a healthy relationship requires constant adjustments a every age, literally! Brad will share tips on Wellness and how Dads can help lead a healthier lifestyle.			
Please plan on joining us and <b>RSVP to Diane Imbach at dimbach22@aol.com</b> .			
PLEASE NOTE: Due to WASC Visit,			
Tuesday, March 6 <sup>th</sup> will be a LATE START B-day & Wednesday, March 7 <sup>th</sup> will be a REGULAR Bell Schedule A-day.			

#### SCC

# What is SCC?

SCC is a Student centered mentoring group between selected students and the Palos Verdes Estates Police Chief. This is a new program started by the Police Chief to give you the tools to make good decision in the future. Time will also be spent on topics of interest to students including: drugs, laws, safety and, police-youth interactions. SCC is an elective class with an academic and a citizenship grade. The grade is shown as a Period 7 Peer Mentoring Class on the transcript. It is a branch of the Peer Mentoring Class taught by Principal Dr. Charles Park and grades will be given by Dr. Park.

#### What does SCC do?

SCC members will meet twice a month with the Police Chief. The first meeting of each month will focus on discussion of leadership, critical thinking, and decision making. At the conclusion of the first meeting, students will be given a case to analyze. The second meeting of each month will focus on student discussion how they addresses key issues presented in the case. Special attention will be given to the aspects of leadership, how to think critically, and how to make informed decisions.

Student will also have an opportunity to meet police officers on a personal level, participate in ride-alongs, and will be assigned a law-enforcement project they must complete by the end of the semester. Project may include:

- Speakers at different forms
- Develop strategies to improve student-police relations
- Provide input for the revision of police policies
- Complete a project at the police department
- Complete a project to help the youth in Palos Verdes Estates

Three students from each grade level will be selected. **Applications are currently available**. Applications will be reviewed by Chief Velez and Dr. Park. If you have any further questions or comments, please do not hesitate to contact Dr. Park, <a href="mailto:parkc@pvpusd.net">parkc@pvpusd.net</a>, or Chief Velez at <a href="mailto:mvelez@pvestates.org">mvelez@pvestates.org</a>.

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#### ANIMAL AWARENESS ASSOCIATION

The Animal Awareness Association is looking for **volunteers to help out at the Aquarium of the Pacific!** We will focus on learning about animals, especially endangered animals, as well as teaching others about them. For more information about dates and times, and if you want to sign up, visit <a href="http://www.signupgenius.com/go/60b0e4ea8ae23a0f49-club!">http://www.signupgenius.com/go/60b0e4ea8ae23a0f49-club!</a>

#### 2018 TEEN SERVICE AWARD

Any teen who lives or attends school on the Peninsula and has demonstrated outstanding service to the community may be nominated for the *Palos Verdes Peninsula Coordinating Council 2018 Teen Service Award*. For more information and to submit a nomination **see attached form**. **Deadline is Wednesday, March 14th.** 

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# INTERNATIONAL LEADERSHIP FOUNDATION

International Leadership Foundation, Los Angeles Chapter, will be hosting a half-day leadership workshop and luncheon on March 24, 2018 for Asian Pacific American students between the ages of 15-20 in Alhambra. The luncheon will feature a keynote speech by Jeffrey Kung (Kong Ling Qi). Jeffrey is a descendant of Confucius, and an award winning singer/songwriter in Greater China. Past speakers for this event have included Howard Kazanjian (Film Producer: Raiders of Lost Ark; Return of the Jedi), Peter Guber (CEO Mandalay Entertainment; Owner of Dodgers, Golden State Warriors and LAFC), Bill Rancic (Entertainer/Entrepreneur), Janet Evans (Olympics Gold Medalist) and Mitch Lowe (CEO Netflix/Redbox). All expenses for the selected students are paid for (please indicate Linda Sun as sponsor on the form). Space is limited, priority will be given to seniors and juniors. Deadline to apply is March 10, 2018. Past workshop participants are eligible to apply for a \$500 award. Applications and information can be found at <a href="http://www.ilfnational.org/ilf-l-a-advisory-board-hosts-youth-training-and-7th-installation-luncheon/">http://www.ilfnational.org/ilf-l-a-advisory-board-hosts-youth-training-and-7th-installation-luncheon/</a>.

from <b>Monday, April 9th to Wednesday, April 11th from 3:30-5:30pm</b> in the Lower Dance Room.				
<b>TRYOUTS</b> will be held following the clinic on <b>Thursday, April 12<sup>th</sup></b> beginning at 3:30pm in the Lower Dance Room.				
NATIONAL YOUNG ARTS FOUNDATION				
The National Young Arts Foundation is a non-profit foundation that identifies the most accomplished young artists in the <b>visual arts, cinematic art, classical music, dance, design arts, jazz, photography, theater, voice, and literary arts</b> and provides them with monetary awards and lifelong support.				
The YoungArts program seeks emerging artists ages 15-18. These students submit examples of their work through an online application. Winners are selected through a blind adjudication process conducted by an independent panel of highly accomplished artists. Visit ( <a href="http://www.youngarts.org/">http://www.youngarts.org/</a> ) for more information and to apply.				
<ul> <li>YoungArts winners receive:</li> <li>up to \$10,000 in cash awards</li> <li>an all-expense paid trip to attend Arts Week in Miami</li> <li>master classes with accomplished artists (Mikhail Baryshnikov, Sarah Brightman, Jeff Koons, Wynton Marsalis, etc.)</li> <li>performance and exhibition opportunities at some of the nation's leading cultural institutions</li> <li>eligibility for nomination as a U.S. Presidential Scholar in the Arts</li> <li>a lifetime of mentoring and professional support</li> <li>national recognition for their excellence in their fields of art</li> </ul>				
NHS TUTORING				
There is daily tutoring being offered by the NHS in <b>Room 410 at lunch.</b>				
VOLUNTEER AND INTERNSHIP OPPORTUNITIES				
The <b>Palos Verdes Peninsula Land Conservancy</b> conserves and protects the native lands of Palos Verdes for everyone in the community to enjoy. Please see the <u>attached flyer</u> for the fun and educational Outdoor Volunteer Days they have coming up in 2018. For information on internship positions please visit www.pyplc.org.				

A clinic will be held for all students interested in being on the 2018-19 Song Team. The clinic will run

# **SOUTH BAY FAMILIES CONNECTED**

PVPUSD is pleased to be a South Bay Families Connected Partner School

Please visit our unique youth wellness web page, PVPUSD Families Connected (www.southbayfamiliesconnected.org/pypusd) Don't miss this month's SBFC newsletter focusing on stress and anxiety in our youth, including great advice and resources for parents. This month we feature the SBFC Stress and Anxiety page for resources and national articles. Also, please check out the following links on SBFC: http://www.southbayfamiliesconnected.org/help-kid-cope-with-technology http://www.southbayfamiliesconnected.org/help-kid-cope-with-bullying http://www.southbayfamiliesconnected.org/building-an-inclusive-community-for-our-youth **COUNSELING OFFICE NEWS: SOCAL ROC SoCal Roc is now enrolling for its 9 week courses:** Adobe Suite, Business Entrepreneur, and Banking & Financial Services. Classes begin April 9th. Come to the counseling office to sign up and speak with a SCROC counselor. **BUSINESS LAW** Business Law Class has been cancelled. **Attention Seniors Applying to College:** It is time to order Mid-Year transcripts. **Mid year transcripts** include your first semester senior year grades. Many colleges require these to be sent for admission. We recommend you look at your applicant portal or on the college website to determine if you need to send a mid-year transcript. You can pick up the mid-year transcript instructions and order form at the front of the counseling office starting Monday January 8th. If you have any questions please see your counselor.

# MINDFULNESS PROGRAM

A Mindfulness Program will be offered every **B Tuesday at lunch in the Wellness Center**. All students and staff are invited. See Jill Moeller or Nancy De La Rosa for questions.

# **COLLEGE AND CAREER CENTER NEWS:**

# **PVHS College Essentials Toolkit**: February – March 2018

Students & parents, grades 9 – 11, are encouraged to attend these presentations focused on building a solid approach to the college research and application process. You'll hear directly from College Admission Counselors, as well as other experts in their respective fields, and learn important tips and practical advice with the goal of *lessening stress for our students* and families as they begin to contemplate **COLLEGE**. Detailed information on dates/topics can be found on our website at <a href="https://pvhs.pvpusd.net/apps/news/article/807686">https://pvhs.pvpusd.net/apps/news/article/807686</a>. Whether you're a freshman, sophomore or junior, it's time to think about college! Please join us for these informative presentations:

**February 21st** - Show Me the Money!

**March 1st** - Fact vs Fiction - An Inside Look at the Journey to Finding the Right College **March 13th** - California Public Colleges: UCLA, Cal State Dominguez Hills and El Camino Community College

March 22nd – What KINDS OF COLLEGES are there and what's my best fit?

**ACT Speed Session**: Want to beat your test anxiety? Want to learn to move more quickly? Come to a one of a kind Blue Train workout, where there will be no scoring or grading, only tips and drills to help you perform better. By the end of the hour and a half, students should feel more confident about letting go, moving quickly, and accessing their greatest potential under pressure. Simply RSVP to <a href="mailto:office@bluetraincollegeprep.com">office@bluetraincollegeprep.com</a> with your name and we will put you on the list! Limited space available. First come, first serve! For more details, <a href="http://bluetraincollegeprep.com/event/act-speed-session-open-to-the-public/">http://bluetraincollegeprep.com/event/act-speed-session-open-to-the-public/</a>

**SENIORS**, the Cal Grant GPA data was successfully uploaded by PVPUSD. If you opted out of this process, your information was not uploaded. In order to be considered for the Cal Grant Awards, **seniors must also submit the FAFSA** (Free Application for Federal Student Aid). If you have NOT filed the FAFSA, please do so before the deadline posted by the college/university to which you applied. To access the FAFSA website, click on the following link: <a href="https://fafsa.ed.gov/">https://fafsa.ed.gov/</a>

#### **OUTSIDE OPPORTUNITIES:**

Student Pollworker Program: The Registrar-Recorder/County Clerk would like to encourage students of 16 years of age or older to volunteer as a student pollworker for the upcoming June 5, 2018 Statewide Direct Primary Election (please note that June 5 is the first day of Finals). Students are expected to be present at the polling place from 6 a.m. to approximately 9:30 p.m. For the convenience of both students and parents, students are assigned to a precinct in close proximity to their home or school. All students who are placed are required to attend a two-hour training session prior to Election Day. In addition to gaining an invaluable learning experience about the democratic process, students receive \$100 for serving on Election Day and an additional \$40 bonus for attending a training class.

Any high school student that meets the following requirements may apply:

- Must be a U.S. Citizen or Legal Permanent Resident AND 16 years of age
- Must be attending a public/private secondary institution
- Must be in good academic standing with a GPA of 2.5 or greater
- Must have teacher and parental consent.

In order to be considered for this program, students must complete the Student Pollworker Application which will be available in the College and Career Center beginning on Monday, February 12. All applications must be returned to Mrs. Hoffman in the College and Career Center no later than Thursday, March 1. Please note that the program will ONLY accept 17 students from PVHS.

The Eve and Gene Black Summer Medical Career Program is a great summer opportunity best described as a medical mentor program. Students work under the supervision of a health care educator shadowing various medical professionals (nurse, nutritionist, pharmacist, lab technician and/or physician) who together provide a range of patient care and services. The program accepts applications from high school students who are current 11th and 12th graders AND born ON or BEFORE 4/1/2002. The 2018 program has 2, 3, and 4 week programs available in July/August. There is no fee to participate. Applications may be downloaded from <a href="http://www.lapedsoc.org/summer">http://www.lapedsoc.org/summer</a>. Once on the website, click on 2018 Summer Application at the top of the page or Summer Program located in the box on the left. All applications must be postmarked by February 21, 2018.

*U.S. Naval Sea Cadet Corps* is a military youth program for young men and women: Navy Sea Cadet Corp (Ages 14-17) and the Navy League Cadet Corp (Ages 11-13). It is sponsored by the U.S. Navy, U.S. Coast Guard, and U.S. Marine Corps. Students will have the opportunity to participate in Aviation, Field and Medical Training, Leadership Development, Military Police Science, Scuba Diving, Sailing and Photo-Journalism. Cadets train aboard U.S. Navy and Coast Guard Vessels and can meet Sea Cadets from around the world in their International Exchange Program. Information on the program can be accessed at <a href="www.bevhillsnavyleague.org">www.bevhillsnavyleague.org</a>, then click on the Sea Cadet tab. For more details, please contact LTJG Doug Irvine, USNSCC at (310) 977-5183 or <a href="doug@iwssurveying.com">doug@iwssurveying.com</a>.

#### **SCHOLARSHIP OPPORTUNITIES and DEADLINES:**

We are at the peak of scholarship season...especially for community-based opportunities! NOW IS THE TIME TO APPLY. A complete list of scholarships is listed on Naviance. To access information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE.

# **Scholarship Deadlines through February 23, 2018:**

- **FEBRUARY 22 WORLD OF 7 BILLION STUDENT VIDEO CONTEST** (\$250-\$1,000) open to grades 6 -12; applicants are asked to create a short video (60 seconds or less) that illustrates the connection between population growth and one of these global challenges: Advancing Women and Girls, Feeding 10 Billion; Preventing Pollution. To apply, log onto https://www.worldof7billion.org/
- **FEBRUARY 23 ASIAN PACIFIC FUND SCHOLARSHIP** (varies) provides scholarships to more than 70 students; many, but not all, focus on Asian students with financial need. Eligibility requirements vary from program to program. To apply, log onto <a href="https://www.asianpacificfund.org">www.asianpacificfund.org</a>
- **FEBRUARY 23** *LOS ANGELES CLIPPERS* (\$4,000) seniors only; regional competition; judged on academic achievement, extracurricular activities, community activities and a 300-word essay on the topic, "Why College is Important to Me". To apply, log onto <a href="https://laclippersfoundation.fluidreview.com/">https://laclippersfoundation.fluidreview.com/</a>

av co or N	<b>EBRUARY 23 - PV JUNIOR WOMEN'S CLUB SCHOLARSHIP</b> (varies) - seniors only warded primarily on financial need with a secondary emphasis on academic achievement, ommunity service and extracurricular activities. To apply log nto <a href="https://www.pvjuniors.org/scholarship/">https://www.pvjuniors.org/scholarship/</a> . Applications may also be downloaded from aviance.
	<u>rs news:</u>
_	<b>&amp; FIELD</b> issed the track and field tryout, please see Coach Broughton in room 310 to schedule a
SWIM PVHS Sv Februa remain	vim Team Members: The <b>practice schedule has been revised for the week of ry 19-23</b> . GO TO THE STUDENT STORE – the revised schedule is in the window. <b>Practice s at night 5:30pm-7:00pm</b> (until the end of the girls water polo season).
<b>SONG T</b> <b>Song Cl</b> 3:30-5:3 <b>Song T</b> 1	F <b>EAM:</b> inic 4/9-4/11 Opm, LDR cyout 4/12 Opm, LDR
HOME	GAMES:

Boys' CIF Soccer vs San Clemente @ 3pm Wed. 2/21